



ÄNGBY INTERNATIONAL CAMP 2024

We welcome you to our camp before the big tournament

28-30 oktober
Vällingby Sim & Idrottshall

WELCOME!

BUTTERFLY 
TTEX  **se**
table tennis expert



INFORMATION

Dates	28-30 october
Players	We have now 46 players, max of what we can take.
Cost	250 SEK per day (If you come as a group and bring a coach to help, no cost, you practice for free)
Practice	Two training sessions per day (Session 1 09:00-11:30 / Session 2 13:30-16:00)
Registration	by e-mail to martin@angby.com or on the website for Ängby International (website can be found on www.angby.com)
Coaches	From Sweden/Ängby SK Martin Abramson Lazo Craig Campbell
Arena	Vällingby Sim & Idrottshall Mainarena

Meals	Meals not included. (Breakfast at the hotels are included)
Tables	Butterfly and Stiga (After our last practice, we must take all tables up and put them to the wall, we have other sports coming after us)
Ball	Butterfly training ball
Schedule	
Mon-Wed	08:45-09:00 – All tables up 09:00-11:30 – Practice 11:30-13:30 – Lunch 13:30-15:30 – Practice 15:30-16:00 – Physical 16:00-16:15 – All tables up
Group	All players play together in Mainarena.